

STANDARD BLOOD TESTS

Location: Go to your local hospital or laboratory, or drawing center (Quest, LabCorp, etc) or order kits online [most of the tests below are available for self-pay without a doctor's order at www.directlabs.com, or www.lifeextension.com (click on "Blood Testing")] or www.requestatest.com or as given below.

Physician Name: _____ **Dr. Signature:** _____ **Please FAX results to:** _____

NPI #: _____ Phone Number: _____ License #: _____

Office Address: _____

Patient Name: _____ **Birthdate:** _____

Address: _____ Phone: _____

ICD 10 Diagnosis Codes: (→See Last Pages)

→NOTE: Do after a 12 hr, overnight FAST, for ex, from at least 8 PM the night before, have water only.

	Critical Tests	Test the following as checked below	CPT code	Comments- Lab Test Code #
Blood Tests	Apo E genetics			504040 LabCorp
Inflammation and Protection	hs-CRP			
	IL6 - interleukin 6			
	Homocysteine			
	Glutathione			
	A/G ratio (albumin/globulin)			
	Vitamin B6			
	Vitamin B12			
	Folate			
	Vitamin C			
	Vitamin D-25-OH			
	Vitamin A, E, Beta carotene			LabCorp 144014
	Fasting insulin			
	Fasting Glucose			
	Hg A1c			
	Total Cholesterol			
	HDL			
	LDL cholesterol			
	LDL particle number			
	LDL small, dense			
	Oxidized LDL		83516	Us. approx. \$75 LabCorp Test #LC817472
	Triglycerides			
	Omega 6:omega3 ratio			
	RBC Thiamine (B1) pyrophosphate		84425	
	AntiGliadin IgG, IgA			LabCorp- 161646, 161687

	(Gluten sensitivity)			
TROPIC Factors	Ferritin			
	Serum Iron and TIBC			
	Estradiol (E2)			
	Progesterone (P)			
	Pregnenolone			
	Cortisol 8 AM			
	DHEA-sulfate			
	Testosterone			
	Free testosterone			
	PSA - prostate specific antigen			
	Free T3			
	Free T4			
	Reverse T3			
	TSH			
	TPO			
	ATA: anti-thyroglobulin			
	ELISA Lyme ab Screen			
	Lyme Western Blot		86617	
Minerals	RBC-magnesium			
	Serum Copper			
	Serum Zinc			
	Serum Selenium			
Standard	CBC- Complete Blood Count			
	CMP (comprehensive metabolic panel)			
	Gamma Glutamyl transferase - GGT			
	Urinalysis with reflex C and S			
Inflammatory (Medicare and Private insurance doesn't cover the tests below)				
<i>Increases permeability from blood into tissues</i>	MMP-9		83520	LabCorp #500124 Quest #91237
<i>Can cause unhealthy changes in lungs and other tissues</i>	TGF-Beta1		83520	LabCorp #905036 Quest #91238
<i>Helps tissues increase their blood supply</i>	VEGF		83520	LabCorp 117021 Quest 14512
	MTHFR			LC# 511238
	HSV 1 and 2-specific Ab IgG			LC#164905
	VIP , plasma			LC# 010397
	Tumor necrosis factor alpha			LC#140673

ICD 10 Diagnosis Codes for Tests Below (X'd diagnoses apply to this patient):

___G31.84- Mild Cognitive Impairment

___ R41.3 Other amnesia, memory changes
___ Z13.1 screening Glucose
___ E78.2 Mixed hyperlipidemia
___ Z13.220- Encounter for screening lipid disorders
___ R73.02 - Impaired glucose tolerance (oral), Elevated glucose tolerance
___ E61.8 - Deficiency of other specified nutrient elements
___ N95.8 - Other specified menopausal disorders
___ D89.89-- Other specified disorders involving the immune mechanism, not elsewhere classified
___ R65.10- SIRS of non-infectious origin w/o acute organ dysfunction
___ A69.22- Other neurological disorders in Lyme disease
___ E27.40- Unspecified adrenocortical insufficiency, Adrenocortical insufficiency NOS, Hypoaldosteronism
___ F51.01 - Primary insomnia, Idiopathic insomnia
___ R53.81- Other malaise, Chronic debility, Debility NOS, General physical deterioration, Malaise NOS, Nervous debility
___ E08.00 Diabetes mellitus due to underlying condition w/ hyperosmolarity w/o nonketotic hyperglycemic-hyperosmolar coma
___ E55.9 Vitamin D deficiency
___ E21.3 Hyperparathyroidism, unspec
___ E83.51 hypocalcemia
___ M83.9 Adult osteomalacia
___ M81.8 Other osteoporosis without current fracture
___ R68.89 Other General Symptoms and Signs
___ K90.9 Intestinal Malabsorption, unspec.
___ D52.8 Folate defic anemia, other
___ R27.9 Unspec lack of coordination
___ E53.1 Vit B6 deficiency
___ G60.9 Hereditary and idiopathic neuropathy, unspec.
___ G25.89 Other specified extrapyramidal or movement disorders
___ G25.70 Drug-induced movement disorder
___ E43 Unspec severe protein - calorie malnutrition
___ D51.3 Other dietary B12 anemia, Vegan anemia
___ D51.8 Other Vit B12 deficiency anemias
___ E53.8 - Deficiency of other specified B group vitamins, Biotin deficiency, Cyanocobalamin deficiency
 Folate deficiency, Folic acid deficiency, Pantothenic acid deficiency, Vitamin B12 deficiency
___ R35.1 nocturia
___ R35.8 polyuria, other