

Personalized Detox Class Part One Chat Log

12:06:09 From Mary Shatt To All Panelists : I am not seeing the slide

12:11:05 From Mary Shatt To All Panelists : The slide is cut off - I only can see top left part. Cannot see any of the lists.

12:11:29 From Steve : We couldn't see the last list

12:11:39 From Nancy Lonsdorf : The tea ingredients?

12:11:49 From Robyn Field To All Panelists : same couldn't see any of list

12:11:50 From Steve : yes

12:12:37 From Mary Shatt To All Panelists : Yes I can see it now

12:12:53 From Steve : Thanks

12:12:58 From Robyn Field To All Panelists : thanks could see that

12:13:08 From Robyn Field To All Panelists : now too big!!!

12:13:22 From Robyn Field To All Panelists : cant see the whole thing again...

12:14:20 From Robyn Field To All Panelists : Cant see A list

12:14:55 From Robyn Field To All Panelists : lol!

12:15:08 From Robyn Field To All Panelists : perfect

12:15:42 From Steve : so, high score in quiz 2 = type B ?

12:23:15 From Robyn Field To All Panelists : Have to go - thanks so very much for your wisdom and time!!! 🍷 have a great weekend all .

12:26:04 From Robyn Field To All Panelists : opps - one quick question - is it still ok to take Amrit Necter if experiencing reflux? Reflux is hitting only at night - not daily - but a couple times a week - seems to be reactive Ama.

12:29:08 From Nancy Lonsdorf : Amla Berry

12:31:07 From Nancy Lonsdorf : Elim Tox-O

12:31:13 From Nancy Lonsdorf : www.mapi.com

12:31:25 From Nancy Lonsdorf : UK- Pitta Detox

12:34:50 From Steve : What about feeling the cold. I score 6 on Quiz A, and 23 on Quiz B, but always feel the cold!

12:34:53 From Mary Shatt To All Panelists : Probably silly question, but would taking amrit before bed interfere with "fast" after dinner? I have been taking it late afternoon before dinner, but I like your suggestion of taking it just before bedtime.

12:37:21 From Mary Shatt To All Panelists : I do take the tablet:)

12:37:49 From Mary Shatt To All Panelists : Thank you:)

12:38:17 From Steve : Is black tea very bad?

12:40:55 From Steve : Thanks so much. Awesome.