

## **Bluehorizon Medicals**

---Blood drawn at Spire Hospitals (32 hospitals around UK)

→Order Blood Tests Online *Without* A GP's order

<https://privatebloodtests.co.uk/>

→ **Best Value** (start with this for foundational tests):

### **Chronic Fatigue Panel**

(CBC; Comp. Chemistry Panel; TSH, free T4, hgA1c, B12, CRP, Lipid panel, ferritin, Vit D, Vit B12, folate) *Plus* TSH, testosterone, magnesium, cortisol

<https://privatebloodtests.co.uk/blood-tests/private-blood-test-for-chronic-fatigue-profile-in-blood-4673>

304 GBP

### **Fasting insulin**

<https://privatebloodtests.co.uk/blood-tests/private-blood-test-for-insulin-in-blood>

149 GBP

### **Homocysteine**

<https://privatebloodtests.co.uk/blood-tests/private-blood-test-for-homocysteine-in-blood>

149 GBP

### **Oestradiol (women)**

<https://privatebloodtests.co.uk/blood-tests/private-blood-test-for-oestradiol-in-blood>

109 GBP

### **Free testosterone (men)**

<https://privatebloodtests.co.uk/blood-tests/private-blood-test-for-free-testosterone-in-blood>

149 GBP

**MINERALS and HEAVY METALS: (order each test individually, at this page)**

<https://privatebloodtests.co.uk/blood-tests/private-blood-tests/heavy-metal-screening>

Mercury, Lead, Cadmium, Arsenic--- choose the “whole blood/RBC” level - (*Not* just the serum part of blood)

Also order: Zinc, Copper